



Coronavirus Disease (COVID-19) Information Resource

The Coronavirus Disease 2019, or COVID-19, is a new respiratory virus first identified in Wuhan, Hubei Province, China. It is part of a larger family of viruses called coronavirus, some of which are in circulation normally and can cause illnesses like the common cold. For additional information and frequently asked questions concerning COVID-19, please go to the Maricopa County Public Health Department's website at <https://www.maricopa.gov/5460/Coronavirus-Disease-2019>

What you can do:

It is important to stay calm and informed, while taking precautions to prevent the spread of infection:

- Wash your hands thoroughly or use an alcohol-based (at least 60 percent alcohol) hand sanitizer often.
- Do not touch your hands to your face, nose or eyes with unwashed hands.
- Wipe off hard surfaces at work and home with bleach wipes, alcohol wipes or other commercially available household cleaning solutions suitable for killing germs.
- Cover coughs and sneezes with tissues or in the elbow.
- Get a flu shot if you missed one earlier in the season. Many locations and doctors are still offering the flu vaccine.
- If you are sick, do not go to public spaces. Follow your doctor's guidance and adhere to CDC directions.

Additional information can be found on the Centers for Disease Control and Prevention's (CDC) website at <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

For the most current information on this and other public health related items, please visit their sites at: <https://www.maricopa.gov/5302/Public-Health> and <https://azdhs.gov/>.