

May Menu

2021

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork chops, Italian veggies, baked potato, wheat roll, oatmeal cookie, fresh fruit, margarine, sour cream Milk	4 Ground beef taco salad w/ tomatoes, green onion, cilantro, HM pinto beans, cheese, peaches, salsa Milk	Cinco De Mayo!! 5 Chicken Stir-Fry, oriental veggies, rice w/ peas & carrots, spring roll, pineapple, LS soy sauce Milk	6 All Beef Hot Dog, Red Potato Salad, HM chili beans, mandarin oranges, Mustard, Ketchup Milk	7 HM Red chile Sonoran enchiladas w/ cheese, shredded lettuce, diced tomato, green onion, squash & corn, fresh apple, sour cream Milk
10 Steak sandwich W/ peppers, onions, & provolone cheese, Green salad w tomatoes, cucumbers, and carrots, peaches, HM ranch Milk	11 BBQ Baked Chicken, country veggies, collard greens, wheat roll, pineapples in jello, margarine Milk	12 HM Beef Red Chile w/ Nopales, spinach & onions, HM pinto beans, corn tortilla, mandarin oranges Milk	13 Pork Roast, HM Pork Gravy, sauteed green beans, Roasted red potatoes, wheat roll, pear, margarine. Milk	14 Chile Relleno w/ green chile sauce and cheese, Spanish rice, squash & corn, corn tortilla, fresh fruit Milk
17 Chicken Chef Salad w/ boiled egg & cheese, tomatoes, carrots, radishes, & cucumbers, croutons, apricot fruit salad, HM ranch Milk	18 Chili Beans w/ ground beef, green salad, Normandy veggies, cornbread, melon, margarine, HM Ranch Milk	19 Pork Carnitas Tacos, shredded cabbage, tomato, red onion, cilantro, Bermuda veggies, corn tortilla, tropical fruit, salsa Milk	20 Cheeseburger w/ lettuce, onion, & tomato, oriental veggies, red potato salad, fresh orange, mayo, mustard Milk	21 HM Bean & Cheese burrito "enchilada style", lettuce, onion, tomato, "Mexican style" quinoa, pineapple Milk
24 Beef Salisbury Steak W/ mushroom & onion sauce, Mashed Potato w/ HM beef gravy, country blend veggies, wheat roll fresh apple, margarine. Milk	25 Zuppa Tuscano Pork Italian sausage, potato, & kale soup), Green salad, breadstick, mandarin oranges, HM ranch Milk	26 Shredded Beef Tacos w/ cheese, shredded lettuce, tomato, green onions, cilantro, Spanish rice, corn tortilla, watermelon, salsa Milk	27 Lemon Pepper Chicken, asparagus, winter veggies, corn tortilla, pineapple w/ cottage cheese, salsa Milk	28 Tuna Salad, sliced tomato, lettuce, sliced onion, vegetable soup, wheat bread, pear, mayo, mustard, Milk

Sorry We're Closed!! 31



We will be closed
MEMORIAL DAY
Monday, May 31st

Due to Temporary closure, The Guadalupe Senior Center will be providing curbside and takeout meals to registered participants between 11:30am-12:30 pm Mon. – Fri. except holidays until further notice.

****FUNDED BY: AREA AGENCY ON AGING/TOWN OF GUADALUPE****